

Dr. Leo Toupin spent most of his childhood growing up in Jeffersonville, Indiana. He was valedictorian of his High School Class and went on to complete his undergraduate degree at Indiana University. There he was elected into The Phi Beta Kappa Society during his junior year and graduated with a BS in Biology with high distinction in 1986. Dr. Toupin went on to receive his medical education at Indiana University School of Medicine in Indianapolis, Indiana. He was elected into membership to Alpha Omega Alpha Honor Medical Society and received achievement awards including the Upjohn Achievement Award, the Merck Manual Award, and the James Y. McCollough Fellowship Award. Dr. Toupin excelled in academics and graduated at the top of his class in 1990.



Dr. Toupin completed his internship and residency in Internal Medicine at the University of California, San Diego Medical Center in 1993. Upon graduation, he began working for Sharp Rees-Stealy Medical Group, a large multi-specialty medical group as a staff Internist in San Diego and remained there until his relocation to Austin in 2002. During this time, Dr. Toupin was an Associate Investigator of the Sharp Rees-Stealy Clinical Research Department. He was involved in several studies relating to treatment of hypertension and Influenza infection. He was the HIV Specialist for this group from 1998-2002 and was a member of the HIV Medicine Association of the Infectious Diseases Society of America. He was also a Medical Consultant for the group's weight management program from 1998-2002.

Dr. Toupin relocated to Austin in 2002 with his family to begin a private practice in Internal Medicine. He is a member of the Travis County Medical Society and American College of Physicians. He has focused on Primary Care and has established a complete network of sub-specialists serving most of the major hospitals in Austin. He remains on staff at North Austin Medical Center and St David's Medical Center. In 2007, he relocated his office and became known as "Capital Primary Care". His office has implemented new technologies including an Electronic Medical Record with the ability to communicate with patients via email. He has expanded his interests into greater involvement with pain management and is a member of the Texas Pain Society. He also has focused on sleep related disorders and their treatment. To further serve his patients, he has added various cosmetic procedures including Botox since 2003, Restylane since 2004, Juvaderm since 2007, and advanced laser hair removal with the Candela Gentlelase Plus.

Dr. Toupin lives in Austin with his wife Jennifer and their two daughters. In his spare time, he enjoys running, golf, reading, and spending time with his family and friends.